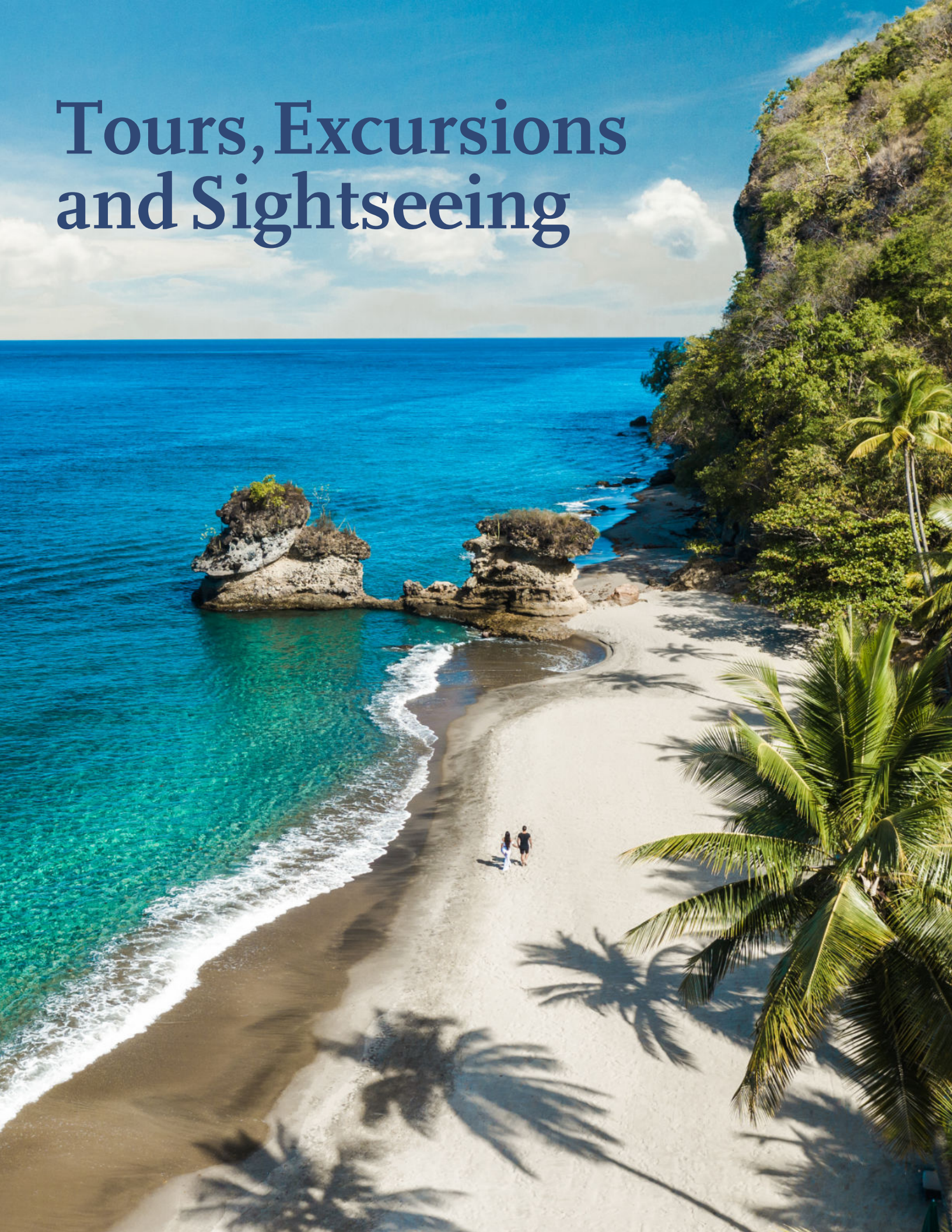


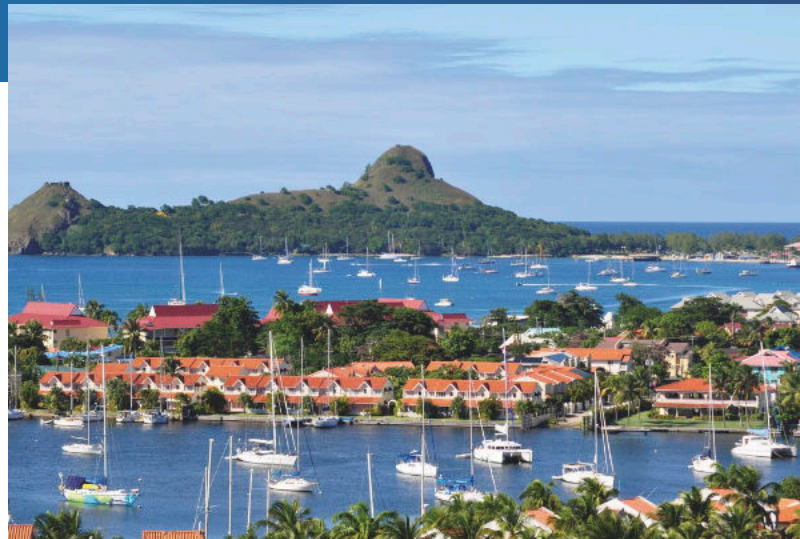
# Tours, Excursions and Sightseeing





We are pleased to provide you with some information regarding our excursions. For tour prices and the exact itinerary and schedules, please consult our Guest Services or Reception team.

*If there is an excursion you would like to do that is not mentioned, please enquire at Guest Services. Please note that most tours require a minimum of 4 passengers – if your tour has less than 4 guests signed up please enquire with Guest Services or Reception whether or not the tour is confirmed. A cancellation charge may apply if you cancel a pre arranged tour on short notice.*



Rodney Bay Marina

## Pointe Seraphine Duty Free Shopping

Depart the resort on our power catamaran, Miss Babsie, and cruise north along the scenic Caribbean coastline passing the fishing villages of Canaries and Anse La Raye before entering scenic Marigot Bay for some great views of one of the most picturesque harbours in the Caribbean. Then it's on to Castries where you will enjoy some excellent views of the harbour, city waterfront and the surrounding hillsides which are rich in island history.

You will disembark from the boat at the Pointe Seraphine Duty Free complex, St. Lucia's premiere facility. There's plenty of time to enjoy the great variety of stores with everything offered at duty free savings. Jewelry, clothing, electronics, shoes and leather goods, children's clothing, Caribbean art and craft products, gifts and souvenirs and many other items are

featured. Pointe Seraphine also offers options where you can enjoy a refreshing beverage or a light snack. You will then re-board the boat for the journey south returning to the resort by around 1:30 p.m.

Don't forget to take along your passports and airline tickets which are required for duty free shopping.



Castries Harbour with Pointe Seraphine in the foreground

## Jazzy Sunset Cruise

Cruise the blue Caribbean in comfort and style on a luxury catamaran with magnificent views of the resort, the coastline and the Pitons presented all along the way. The Jazzy Sunset Cruise departs the resort's jetty on Thursdays at 4:00 or 4:30 p.m. depending on the time of year. Step aboard and be welcomed with a rum punch, a true island favourite. Don't forget the camera as we begin with a slow cruise north along the shoreline providing great views of the resort and exotic Anse Mamin Beach.

Sweeping west we head out to sea for panoramic vistas of our entire region. Enjoy the enticing sounds of on-board live music featuring a blend of romantic ballads, soulful rhythms and Caribbean favourites, creating a perfect ambiance as our staff serves canapés and drinks from the open bar all along the way. Returning towards shore we drift below the Pitons; from the boat the majesty of the island's iconic mountains can truly be appreciated. Attention soon turns westward as the sun drops to the sea with the promise of a colourful Caribbean sunset which, of course, is celebrated with a glass of Champagne. As dusk unfolds the boat cruises leisurely back to the resort, which is now lit by a myriad of lights and beach torches.

Space is limited so guests are urged to reserve the Jazzy Sunset Cruise early to avoid disappointment. See the Guest Services or Concierge Desks or Reception for additional details or to book.

## Sulphur Springs, Diamond Fall & Gardens and Emerald Estate

Visit the world's only drive-in volcano, the Sulphur Springs, in route to the picturesque waterfall at the Diamond Falls & Botanical Gardens. As they are two of the island's most popular tourist attractions we are fortunate they are so close to the resort making visiting an easy morning excursion. The pools at the mineral baths are filled with therapeutic mineral-rich water which is naturally heated by the volcanic activity in the nearby Sulphur Springs region. Take along bathing suits for a soothing dip. The rejuvenating powers of the water were recognised by the troops of Louis XIV who created the original mineral baths! From Diamond you will stop in at nearby Emerald Estate, which is owned and operated by the Anse Chastanet Resort who uses the property to grow a great variety of organic fruits and vegetables as well as a variety of herbs for use at the resort. This tour operates four mornings a week, departing at 9:00 a.m. and returning around 12:30.







Marigot Bay



Pigeon Island facing North

*Kindly be informed that this excursion does not include the mud baths experience. Private tours are available upon request so that you can enjoy the Sulphur Springs and Mud Baths at your own pace. Please visit our private excursions listing and/or our Guest Services team for further information*

## Saturday's Castries/Marigot Bay Shopping Trip by Water Taxi

The water taxi leaves Anse Chastanet at 9:00 a.m. Upon your arrival at the Castries harbour the boat Captain will take on a brief walking tour of the town center, which will include a stroll through the famous Castries Market. You will then re-board the boat to cross the harbour to the Pointe Seraphine Duty Free Shopping complex. On the return cruise south you will venture in to Marigot Bay where you can select from a number of restaurants to have lunch. The tour returns to Anse Chastanet between 2:30 p.m. – 3:00 p.m. depending on whether or not you wish to have lunch at Marigot Bay. Don't forget to take along your passports and airline tickets which are required for duty free shopping. Note: the price of lunch is not included in this package.

## Diamond Private Morning Tour

Pamper yourself with this exclusive tour Anse Chastanet and Jade Mountain guests. By private arrangement you will visit the famous Diamond Falls & Botanical Gardens before it opens to the public. The tour includes a tour of the gardens and falls and relaxing bathing in one of the three pools which are cleaned and refilled overnight especially for our guests. The pools at the mineral baths are filled with therapeutic mineral-rich water which is naturally heated by the volcanic activity in the Sulphur Springs region. Take along bathing suits for a soothing dip. The rejuvenating powers of the water were recognised by the troops of Louis XIV who created the original mineral baths!

The tour departs the resort by taxi at 8:15 for the short journey to Diamond. You will be welcomed by a guide who will escort you to the baths while providing an informative narrative about the property and gardens. The tour includes a 35 minute session of bathing and relaxation. Showers and changing rooms are available. The guide will then rejoin you to continue the tour of the magnificent and dramatically colored falls and the remainder of the gardens. A camera is a must. You will return to the resort by around 10:15.

Diamond Waterfall







## Morne Coubaril Zip Line & Plantation Tour

For guests who wish to combine a bit of adventure with hands-on local history, the Morne Coubaril 'Hotwire' Zip Line & Plantation tour is a perfect way to spend a few morning hours. Participants depart the resort by taxi at 10:00 a.m. for the 15 minute ride to nearby Morne Coubaril, one of the island's oldest French plantation estates. You will stroll through the botanical gardens to the zip line facility to gear up for the eight Hotwire lines that await. Besides the elation of the zip lining, you will be treated to magnificent views of the Pitons, Soufriere Bay and the town and its surrounding mountains. Your guide will then take you on a short tour to see the processing of coconuts for the making of a variety of food products, the production of cocoa and coffee and a working mill that produces sugar cane syrup; and, of course, you will get to taste the various products along the way. For those who want another dose of adventure Morne Coubaril offers an optional Coconut Tree Climbing station with a safety harness system that allows you to test your

strength and agility. Before departing you can stop into their quaint gift shop that offers some of their own products along with authentic locally made items. You will return to the resort around 12:30.

## Zip Lining and Canopy Tours

The zip-line adventure takes place on the east coast of St. Lucia in the heart of the rain forest at the beautiful Errard Estate. The 300-year-old estate was once a spice plantation, and it is full of fragrant nutmeg trees and abundant cocoa trees. There is also an amazing river and waterfall. Upon arriving at the zip base, you will be given a safety briefing and then outfitted with harnesses, helmets and gloves. Then it is off for the fun part. Traverse a series of nine platforms, with the longest run being 700 feet with a 60-foot drop. You don't need to be the athletic type to enjoy this tour, but it isn't recommended for pregnant women or people with back problems, and the set-up cannot accommodate anyone weighing more than 250 pounds.



# ST. LUCIA'S Dolphin & Whale Watching EXPERIENCE

The Whale Watching tour goes out on a comfy 52 foot catamaran. When whales are encountered the engines are cut, the sail unfurled and the hydrophone dropped into the water to allow guests to hear the calls and singing of the magnificent sea mammals. The following is a list of whales and dolphins to be seen off the coast of St. Lucia. They can be seen for the most part of the year, although the month of December to March may be more productive for sperm whale bulls.

## WHALE WATCHING FOR ANSE CHASTANET RESORT

*Days: Monday, Wednesday and Friday*

*Time: 9:15 am – Duration 2 hours*

*Price includes soft drinks and water*

**Minimum: 4 persons**

*One free extra hour for any guest who does not see any whale whilst on tour.*

### **SPERM WHALES**

Grow to 69 feet. Have a large head, 1/4 to 1/3 of total length. Its blunt square snout projects beyond the lower jaw. A single blow hole is located left forward of its head. It has short flippers, with a dorsal fin far forward on its back.

### **SHORT FINNED PILOT WHALE**

Grow to 23 feet. It is black overall with a thick bulbous head. It has short flippers, with a dorsal fin far forward on its back.

### **HUMPBAC WHALE**

Grow to 53 feet. It is thick and robust narrowing to the tail; with black coloring and white belly.

### **SPINNER DOLPHIN**

Grow to 7 feet. It is gray in color with long slender beak. This mammal has an erect triangular dorsal fin. It swims in large herds and is known to leap clear of water rotating around its longitudinal axis.

### **BOTTLENOSED DOLPHIN**

Grow to 12 feet. Its coloring is dark gray barks to white bellies with a short defined beak. The dorsal fin is on the center of the back. It rides bow waves and wakes of boats. Feeding on fish, squids, shrimps and crabs it uses echo-location to hunt prey.



## Sea & Land Tour

Leave Anse Chastanet by sea along St. Lucia's scenic Caribbean coastline and return by land via the dramatic Atlantic coast. Depart Anse Chastanet at 8:30 a.m. by boat for Castries. You will see deserted beaches and beautiful bays as well as charming fishing villages scattered along the coast. Upon meeting your air-conditioned taxi you will be taken to various sights north of Castries such as the Point Seraphine Duty Free Shopping Complex and the beautiful Pigeon Island National Park. You will also pass through the Rodney Bay area – host to the famous ARC yacht race (Atlantic Rally for Cruisers) which begins in Spain's Canary Islands and finishes in St. Lucia. After Pigeon Island you will be ready for lunch at Jacque's Restaurant, long known as one of the island's finest.

The tour continues across the interior Rain Forested mountains to the east coast with its spectacular rugged features which are dramatically different from the Caribbean side of the island. It is a long day, but worth it if you want to see as much of our island as possible. Your journey down the East Coast Road will include a stop at Mamiku Gardens.

Upon reaching the town of Vieux Fort on St. Lucia's southern tip, you will enjoy excellent views of the Maria Islands and Moule a Chique with its lighthouse perched atop the 600 foot rugged cliff. Traveling north up the West Coast Road you will visit Balembouche Estate for a fresh local juice before heading home to Anse Chastanet through the beautiful Choiseul countryside.

This is a full day tour in which you will see the best of the island by boat and land transport.

## Luxury Sailing Catamaran Private Charter

Experience the ultimate private day of sailing on the blue Caribbean aboard Serendipity, a Venezia 42 foot luxury catamaran. Half and full day private excursions are available. With no set schedule you can simply plan your day as you go along; available activities include snorkeling, swimming, fishing and dolphin & whale watching. Refreshments and lunch (full-day cruise only) are included.

## Deep Sea Fishing

(4, 6 & 8 hour tours)

Anse Chastanet and Jade Mountain offer the best in Sport Fishing with veteran professional operators that take you out on the blue waters of the Caribbean off the island's west coast. 4, 6 and 8 hour tours are available and it's your choice... join a party or lay back on your own private excursion. All fishing tours begin with pick up at the Anse Chastanet jetty.

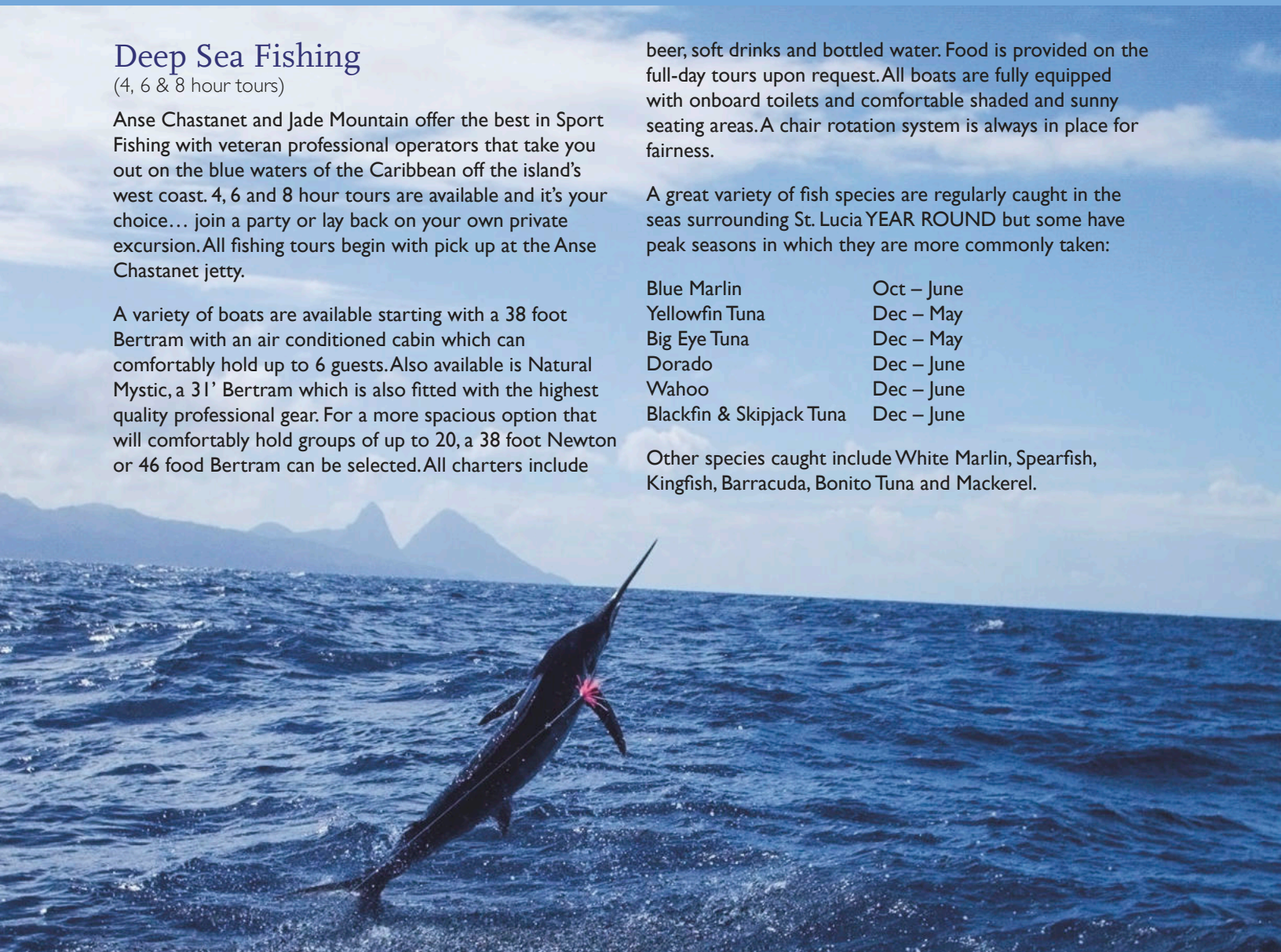
A variety of boats are available starting with a 38 foot Bertram with an air conditioned cabin which can comfortably hold up to 6 guests. Also available is Natural Mystic, a 31' Bertram which is also fitted with the highest quality professional gear. For a more spacious option that will comfortably hold groups of up to 20, a 38 foot Newton or 46 foot Bertram can be selected. All charters include

beer, soft drinks and bottled water. Food is provided on the full-day tours upon request. All boats are fully equipped with onboard toilets and comfortable shaded and sunny seating areas. A chair rotation system is always in place for fairness.

A great variety of fish species are regularly caught in the seas surrounding St. Lucia YEAR ROUND but some have peak seasons in which they are more commonly taken:

Blue Marlin	Oct – June
Yellowfin Tuna	Dec – May
Big Eye Tuna	Dec – May
Dorado	Dec – June
Wahoo	Dec – June
Blackfin & Skipjack Tuna	Dec – June

Other species caught include White Marlin, Spearfish, Kingfish, Barracuda, Bonito Tuna and Mackerel.



ANSE  
CHASTANET'S

# Walks On The Wild Side

Anse Chastanet Guide, Meno



## Exploring The 600 Acre Estate

Every day except Sunday, guided walks and hikes are offered on the resort's 600 acre estate or other nearby areas. Most of these walks are complimentary. Check out the Anse Chastanet Walking Tours page in this booklet for full details and see the Guest Services Desk or the current in-room Excursions information sheet for schedules.

## Tet Paul Nature Trail

For guests who wish to enjoy from up high the majestic beauty of the world's most famous pair of mountains – but don't wish to do any serious hiking or climbing – the Tet Paul Nature Trail is for you. Traveling by taxi you will pass through the town of Soufriere to a small mountain top community in the nearby countryside. The Tet Paul Nature Trail, which is approximately ½ mile in length, affords an easy stroll through the cool air in the midst of St. Lucia's World Heritage site. Great views of both Gros Piton and Petit Piton, the island's southern region and the blue Caribbean below abound. And of course there is plenty of natural beauty along the trail which requires a modest level of fitness and exertion.

After leaving Tet Paul the taxi will return via scenic back roads passing through the Rain Forest community of Fond St. Jacques. Plenty of interesting sightseeing and photo opportunities are presented all along the way.

## Rain Forest Hikes

THE CENTRAL ST. EMOND RAIN FOREST comprises of 19,000 acres and is easily accessible from ANSE CHASTANET, the main entry being about 40 minutes away. As it generally rains more in the Forest (as the name would suggest), it is always a good idea to take along some cover. Wear comfortable and strong shoes and be prepared for them to get muddy. Insect repellent might also be advisable. Please note that the official Rain Forest Reserve can be visited only with the express permission of the Forestry Division (a right granted to ANSE CHASTANET) and in company of an official Forestry guide.



## The Enbas Saut Waterfall Trail

(4 1/2 Hours)

The Enbas Saut Falls Trail is a 4 km trail which passes through one of the most remote, wild and unbelievably scenic parts of the island. The trek features a combination of Rain Forest, Cloud Forest and Elfin Woodlands as well as a chance opportunity to enjoy our local wildlife including the elusive St. Lucia Parrot (*Amazona Versicolor*), St. Lucia Oriole, St. Lucia Black Finch, Blue Hooded Euphonia, or Mountain Whistler. The hilly terrain of Piton Canarie, Piton Troumassee and Mount Gimie are viewed along the way. Enbas Saut, when translated to English, means “below the falls”. This trail is most famous for its two cascading waterfalls and pools at the head of the Troumassee river.

Guest pick up is at 8:00 a.m. at Porte Co-chere. You will reach Edmond Forest Entrance by Fond St. Jacques where the guide will await you at the entrance. Soft drinks are included. Take your bathing suit and towels if you wish to get under the falls! It is most definitely invigorating!

Enbas Saut is a challenging and strenuous hike and should be attempted only by those with an above average fitness level. Comfortable and strong footwear is recommended!

## The Microreflector Trail

(3 – 4 hours)

The tour starts at the entrance to the Edmond Forest where your guide will be waiting. The Microreflector trail is a 6 mile loop with the first mile being a rather steep climb. Thereafter, the trail goes down and levels out. The trail enables you to get a panoramic view of the forest as well as both the northern and southern reaches of the island in the distance.

And there’s always a chance to see the rare St. Lucia parrot and other endemic species.

Your driver will be awaiting you upon your return to the entrance with a sumptuous picnic lunch. Soft drinks and water are provided – we suggest that you carry your water along the trail. Guest pick up is at 8:30 a.m. at Porte Co-chere by taxi for the scenic half-hour journey to the Edmond Forest entrance just beyond the village of Fond St. Jacques. You will return to Anse Chastanet around 2:30 p.m. Be sure to wear appropriate footwear.

## Birdwatching

This is a tour especially designed for bird lovers – leave ANSE CHASTANET at 5:30 a.m. in the morning and meet your guide at 6:15 a.m. at the entrance. Your guide will take you to a strategic location within the Forest for quiet birdwatching. Expect a 30 minute walk to get to this location where you will spend about 2 hours. Return to ANSE CHASTANET, departing the Forest around 9:00 a.m. Includes small snack pack and soft drink. We can arrange many more birdwatching excursions to birding locations around the island.

## Rainforest Crossing

(4 – 5 hours walking/hiking)

This is by far the most strenuous hike, but also possibly the most rewarding if you are up to the challenge. Departing Anse Chastanet at 8:00 a.m., you will begin your trek at the entrance to the Edmond Forest Reserve at 8:45 proceeding across the Forest Reserve on the “Old French Road” (trail). You will first encounter stands of Mahogany and Blue Mahaut trees which eventually meld into the lush, natural Rain Forest. You will have a very good chance to see the St. Lucia Parrot

### Mangrove Cuckoo







**Enbas Saut Falls**

and even the endemic Boa Constrictor along the way. As you reach Mahaut the forest gives way to the banana plantations on the east coast. You will be met by your driver with a picnic lunch. The 1 ½ hour return drive will loop the southern tip of the island providing plenty of sightseeing along the way. You will return to Anse Chastanet before 4:00 p.m. Comfortable and strong footwear is recommended.

## Bon Nouvel Nature Trail

Bon Nouvel Nature Trail is a beautiful eco and agro heritage site established within Esperance Estate, a 56 acre working plantation established in 1830. The estate, bordering the Pitons World Heritage Site, has seen the production of tobacco, sugar, cocoa, coconut and coffee, and currently produces flowers, cocoa, honey, cinnamon, citrus, coconut, fruits such as grapefruit, tangerine, mangoes, tree crops such as breadfruit, breadnuts and avocado and vegetables such as yams, potato and dasheen (all staples of our local cuisine).

The mainstay of the estate is its flower production; there are eight greenhouses with Hybrid Anthuriums, White Ginger Lilies, and Heliconia. Local Caribbean Pink Anthuriums are grown in the open under the cocoa which provides natural shade.

Excursion participants will have the opportunity to visit demo plots and see how the various flowers and vegetables are grown. You will also see and can participate in other activities on the Estate, such as harvesting and processing of cocoa, coconuts and vegetables.

Bon Nouvel has four walking trails, each offering a different experience. The Rainforest Trail begins with an easy climb up some steps and a magnificent view of Gros Piton. On this trail you will get opportunities to see and hear about the many indigenous species of birds found at Bon Nouvel. At the end of the Rainforest Trail you will get to view demo plots of vegetables and Anthuriums being grown.

The next trail is the River-Ridge Trail where you will cross Jones' plateau and descend along the ridge of the L'lvrogne River with a stop at Jonathan's view point where you will get to look out onto the historic Delcer canal, the river and Gros Piton. Breathe the fresh air and listen to the soothing sound of the water. It is truly a relaxing experience!

The Glace Trail named after the family that owned the Estate for over 100 years is a must see. There you will see a myriad of flowering plants and fruit trees, including cocoa, guava, apricot and Caribbean Pink Anthuriums. The herbal and medicinal garden is truly unique; learn about the uses of Panadol, basil, mint and other local medicinal plants. Our Carib hut, and cassava plot give you a glimpse of Saint Lucia's Carib history. Clay pots, straw products and other crafts from that era are on display. Further along there is the tranquil flower garden where you can walk amongst roses and local flowers or sit and breathe in the fragrant air. The Glace Trail ends in the Valley of the Saints, a peaceful savannah where you will enjoy an amazing view of Gros Piton and the ruins of a former sugar mill.

If you are an avid hiker, we recommend that at the end of Glace Trail you consider returning via the uphill Carib Trail on which you can inhale the scent of our collection of bayleaf and enjoy views of Gros Piton. However, if you are not inclined to hike up the steeper steps of Carib Trail, you can feel free to return on Glace Trail.

Enjoying the main three trails requires an average level of fitness; above average is required for Carib Trail. Appropriate footwear is recommended; a bottle of water and optional hiking stick are provided.



# Piton Climbing

## GROS PITON

Climbing Gros Piton is a strenuous challenge and should be undertaken only by very fit and experienced hikers. You depart Anse Chastanet at 6.30 a.m. and begin your tour at “Fond Gens Libres” which is translated as “village of the free people”, a forty-five minute drive from Anse Chastanet. Upon arrival you will be met by the Gros Piton guides.

As you set off you will encounter the rare birds and wildlife that find sanctuary in this rugged and somewhat remote part of the island. The St. Lucian Wren, St. Lucia Oriole, St. Lucia Black Finch and the Red Neck Pigeon are just some of the rare bird species that will add to your experience along the trail. You will also notice changes in vegetation which are quite obvious as you proceed to the summit. Transitions range from an arid deciduous woodland along the coast, to broad middle zone rainforest and an upper mountain zone of Elfin woodland and wind-swept dwarf forest.

The first half of the trail involves climbing over large rocks

PLEASE NOTE CANCELLATION FOR TOUR LESS THAN 24 HOURS IN ADVANCE WILL RESULT IN A 50% CANCELLATION FEE, APPLIED TO YOUR ACCOUNT. FOR FURTHER INFORMATION PLEASE INQUIRE WITH THE SOCIAL DESK.

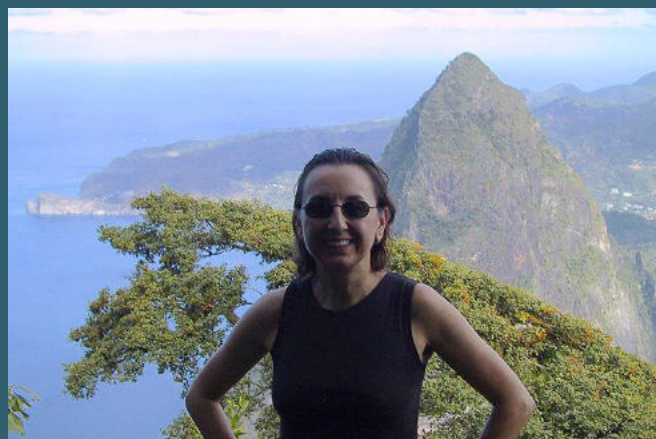


as the trail starts gradually in a gentle slope where the Caribbean and the village at Choiseul can be seen to the south. The second half of the trail involves a steep ascent to the Gros Piton summit and is intended for the more adventurous hiker. This climb is approximately 3 to 4 hours round trip. If you make it to the top, which is 2,619 feet above sea level, you will have climbed one of St. Lucia's national landmarks. The Pitons and the surrounding area have been designated as a World Heritage site.

You may find that the steep descent will be especially hard on your knees; take it slow and be cautious along the way.

This tour is available upon request Monday through Sunday. It is strongly suggested that you carry water along the trail. Suitable hiking shoes and appropriate clothing are also recommended. **GUESTS MUST BE PREPARED FOR A CHANGE OF CONDITIONS DURING THE CLIMB THAT MAY DRAMATICALLY INCREASE THE RISK OF SLIPPING.**

Bookings must be made by 4.00 p.m. the day before. The tour may be subject to cancellation due to inclement weather as a matter of safety. The meeting point is Porte Co-chere at 6.30 a.m. You will return to Anse Chastanet between noon and 1.00 p.m.



Mrs Troubetzkoy on top of Gros Piton

## PETIT PITON

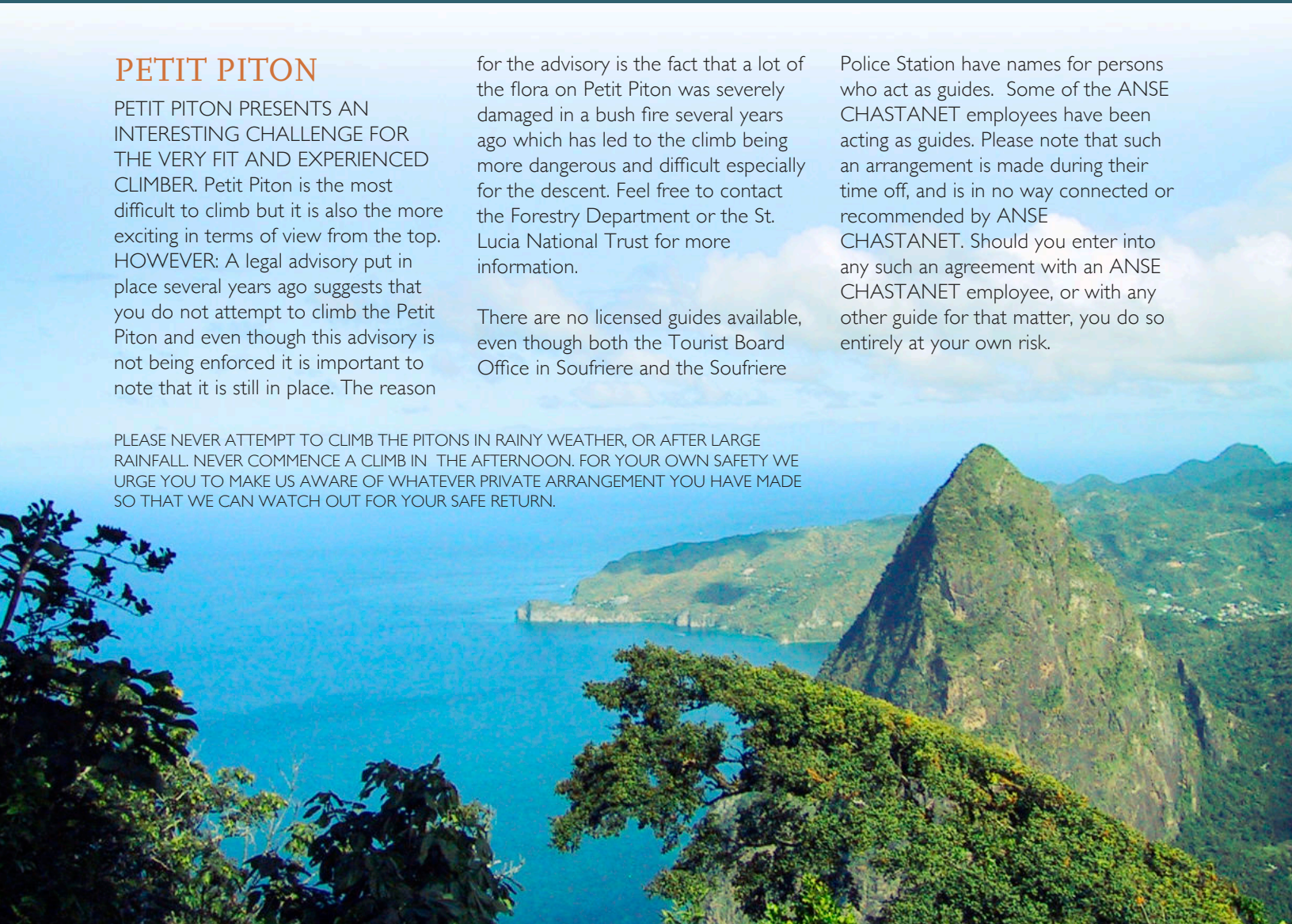
PETIT PITON PRESENTS AN INTERESTING CHALLENGE FOR THE VERY FIT AND EXPERIENCED CLIMBER. Petit Piton is the most difficult to climb but it is also the more exciting in terms of view from the top. **HOWEVER:** A legal advisory put in place several years ago suggests that you do not attempt to climb the Petit Piton and even though this advisory is not being enforced it is important to note that it is still in place. The reason

for the advisory is the fact that a lot of the flora on Petit Piton was severely damaged in a bush fire several years ago which has led to the climb being more dangerous and difficult especially for the descent. Feel free to contact the Forestry Department or the St. Lucia National Trust for more information.

There are no licensed guides available, even though both the Tourist Board Office in Soufriere and the Soufriere

Police Station have names for persons who act as guides. Some of the ANSE CHASTANET employees have been acting as guides. Please note that such an arrangement is made during their time off, and is in no way connected or recommended by ANSE CHASTANET. Should you enter into any such an agreement with an ANSE CHASTANET employee, or with any other guide for that matter, you do so entirely at your own risk.

PLEASE NEVER ATTEMPT TO CLIMB THE PITONS IN RAINY WEATHER, OR AFTER LARGE RAINFALL. NEVER COMMENCE A CLIMB IN THE AFTERNOON. FOR YOUR OWN SAFETY WE URGE YOU TO MAKE US AWARE OF WHATEVER PRIVATE ARRANGEMENT YOU HAVE MADE SO THAT WE CAN WATCH OUT FOR YOUR SAFE RETURN.





# Excursions Available on Request

*The following excursions are available subject to confirmation. Should any of these trips interest you, please enquire at Guest Services.*



## Helicopter Tour

Anse Chastanet Resort is fortunate indeed to be the only resort in Saint Lucia to have its own helipad which provides our guests a convenient and very scenic option for airport transfers as well as a great tour option to view our magnificent scenery from above. Our 20 minute exclusive Helicopter Tour departs from the Jade Mountain Helipad providing participants the ultimate views of the entire island including visiting Rodney Bay, Cas en Bas, Grand Anse Beach, Marigot Bay, the Sulphur Springs volcano and the world famous Pitons, Saint Lucia's iconic mountain pair. All along the way the pilot will provide interesting and informative commentary. The tour schedule is flexible but the morning generally offers clearer visibility conditions and better availability. Booking in advance is required and can be done at the Concierge/Guest Services desks.

## Horseback Riding

Saint Lucia is fortunate to have several professional horseback riding operations which offer guide led rides on well-kept and trained horses. As the operations are located at different parts of the island each offers its own unique experience for both the riding and the sightseeing afforded to participants in travelling to get there. Several operations include riding on a beach and into the sea, which riders enjoy almost as much as the horses! Our Guest Services staff are delighted to provide

details for all of the options to ensure a most enjoyable experience for our guests.

## Golf

The St. Lucia Golf & Country Club in Cap Estate welcomes non-members. The 18-hole course is located in the very north of the island and we usually recommend a water-land taxi combination to get there. Please receive further details from our Guest Services or Concierge Desks.

## Explorer Tour

For those who want to see it ALL! A tour all around the island by taxi for the guest who does not mind getting off the 'beaten path' and desires to see the "real" St. Lucia. It's a long and tiring trip, but worth it if you are truly determined. Along the way, you will enjoy lunch at Jacques, an island favourite.

## Rhythm Of Rum Tour

A Caribbean Experience - this tour provides in-depth information on the production of rum and offers the opportunity to taste the different rums and liqueurs produced. A forty-five minute drive from Anse Chastanet takes you to Roseau Valley where St. Lucia Distillers, the only



rum-making factory in St. Lucia, is nestled into the vast banana fields. The tour begins at the Orientation Center with its quayside theme where you meet your guide and will learn about the history of the Roseau Valley, one of St. Lucia's long time agricultural centers. Here are some highlights of the tour:

- A ten minute video presentation of the story of rum in St. Lucia and how it is produced.
- A 3 dimensional (3D) display in the actual distillery section, along with a short narration on the involvement of sugar cane in the production of rum.
- The opportunity to view a "pot still" work. The pot still is made of clear glass where you will be able to view the process in clear details.
- Coopers Workshop where rum barrels are mended and a display of cooper's tools, past and present. A re-creation of a village scene, with local rum shops and display on local village life.
- Distillery's "aging bond" where you are informed of the aging process, and there will be three examples of rum on display in gallon bottles, where you can sample the smell and see the varying ambers aging can create. Then a fun visit to the "hen house" where you view another 3D display of a mongoose attacking a snake.
- The most popular rum of the Island is "Bounty Rum" also known as the "Spirit of St. Lucia" and to keep with this spirit you will be led to the Carnival Section to experience another spirit of St. Lucia. You will hear pulsating Caribbean music and will be given the opportunity to enjoy informative displays on Carnival as well as to be able to see a variety of past carnival costumes. There will be an 8-minute 3D display to afford you to experience calypso music with our local calypsonians, which is an integral part of our Carnival celebration.

The final stage of your tour is the "Rhythm Bar" with a variety of displays including a 3D market vendor with her exotic fruits and spices, which go into some of our internationally recognized and award winning rum and liqueurs. You will also be given the opportunity to participate in the tasting of all the products made and blended (in excess of 20) at the distillery. The "Rhum Shoppe" is a walk away from the bar, where purchases can be made at ex factory

prices. Tour is approximately an hour and ten minutes long.

After the tour your driver will take you to Marigot Bay to meet with your Boat Captain for your return trip to the resort via water taxi. You depart Marigot at 1:00 pm to arrive at Anse Chastanet approximately 40 minutes later.

### Rhythm of Rum Tour

