



NICK TROUBETZKOY'S
ANSE CHASTANET
 ST. LUCIA

Taking advantage of the stunning natural beauty found within Anse Chastanet's 600 acres and the surrounding area, the resort offers an array of walk options that allow guests the opportunity to take in the magnificent scenery while enjoying some exercise. Don't forget your camera, sunscreen and, for the forest walks, mosquito repellent and a bottle of water. These exclusive tours, which are led by trained Resort Guides, are complimentary with the exception of two which include a modest transportation surcharge.

Anse Chastanet Walking Tours

Anse Mamin Plantation Walk

The Plantation Walk, which is offered at 1:45 every afternoon but Sunday, is one of the most popular activities for resort guests. Participants are met at the scuba center by our Resort Guide and are taken by boat to Anse Mamin, which is the resort's second beach located just to the north. Participants are sure to be dazzled by both the natural beauty of the old plantation and the interesting information provided by the guide. Within the lush coastal jungle are the ruins of an old sugar plantation, which was established in the last half of the 18th century, as well as a great variety of tropical foliage. A popular option is for guests to enjoy lunch at Anse Mamin's Jungle Beach Bar & Grille then join the tour from there. *Fitness Level - Easy*

Morne Lastic Walk

Departing from Porte Co-chere at 9:00 a.m. on Thursdays, this 3 hour trek takes participants up and over the mountains into the town of Soufriere. Along the way guests are treated to fabulous views of the Pitons, Soufriere Bay and the town. You will then be picked up by boat at the Soufriere waterfront for a scenic boat ride back to the resort. *Fitness Level – Above Average*

Soufriere Market Walk

The Saturday morning Soufriere Market Walk is a favorite for many guests as it offers a great chance to really get to know the town and its people. Participants depart with the Resort Guide at 8:00 a.m. from Porte Co-chere and walk the resort road at a leisurely pace to town. Along the way there is plenty to see including flora and fauna, the Pitons and Soufriere Bay. Upon arriving in town the first stop is the Saturday morning farmer's market which is a colorful bustle of local activity with the selling of fruits, vegetables and other products. From there it's on into the town center to see the church, town square and lots of interesting old French architecture. You'll also have time for a little shopping and some refreshment while taking in the local culture. You will then board one of our dive boats for an enjoyable boat ride back to the resort with a visit to the bat cave along the way. *Fitness Level – Easy/Average*

Malgretoute Waterfall Walk

Departing from the scuba center at 10:00 a.m. on Mondays and Fridays, guests are transported by boat across Soufriere Bay to Malgretoute Beach at the base of Petit Piton. From there our Resort Guide will lead you on a leisurely walk up the hill to the Piton Warm Waterfall. Don't

forget your swimwear so you can enjoy a relaxing dip in the volcanically warmed water. After returning to the beach our boat will pick you up for an enjoyable and scenic ride back to the resort arriving around noon. The Malgretoute Waterfall Walk includes a modest transportation surcharge. *Fitness Level – Easy/Average. US\$45.00 per person + 10% service charge and 10% VAT.*

Bouton to Anse Jabon Walk

Walking from the small community of Bouton to Anse Jabon offers some great sightseeing and a chance to enjoy the rural countryside. Departing from Porte Co-chere on Wednesdays at 9:00 a.m., participants are transported by taxi to the Bouton gap on the West Coast road where the guided walk begins. The first part follows the Bouton road into the community center where you pick up a forest trail which weaves its way down to the beach. Outstanding views of the Pitons and the Sulphur Springs volcano are had along the way. The guide will point out a variety of interesting plants and with luck you may even get a view of the St. Lucian Parrot. You also will pass the foundation ruins of a very old estate which many claim to be the birth place of Josephine, Napoleon's wife. The hike takes approximately 2 ½ hours. A modest transportation surcharge is applicable. *Fitness Level – Above Average US\$25.00 per person + 10% service charge and 10% VAT*

Beach View Trail

This trail starts at the scuba centre on Anse Chastanet beach where you will meet your guide. As you begin you will encounter a steep section that provides excellent views down the main beach all the way back to the Scuba Centre. Further along, the trail ascends steps leading to a cool section through the indigenous vegetation. This is dry tropical forest, typical for the leeward coast of St. Lucia. At the summit of the trail there are two lookouts; one on a short side track with views to the main beach, the other, found on the summit of the ridge, leads west to the very edge of the steep cliff overlooking the road to Anse Mamin and Caribbean beyond. *Distance one way – 1.58 miles, 2,540 meters. Walking time – 1 to 1.5 hours (allow 2 hours with extra rest and time to enjoy the views). Difficulty level – Moderate*

WALKING TOURS SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
ANSE MAMIN PLANTATION 1:45 pm	•	•	•	•	•	•	
MORNE LASTIC WALK 9:00 am				•			
SOUFRIERE MARKET WALK 8:00 am						•	
MALGRETOUTE WATERFALL 10:00 am	•				•		
BOUTON TO ANSE JABON 9:00 am			•				
BEACH VIEW TRAIL 9:00 am		•					