



Hello, dear future guest!

Thank you for choosing our scenic island destination and we look forward to diving with you. Scuba St. Lucia is the resort diving operation belonging to Anse Chastanet and Jade Mountain Resorts near Soufriere. We would like to take this opportunity to offer information that may be useful in ensuring that your holiday will be a most enjoyable one. In order to prepare for your trip, we have compiled this document to share with you some general information but also some important medical information you should be aware of prior to traveling. Therefore, please take a few minutes to read through this document.

#### **General Information: Scuba Diving with Scuba St. Lucia**

The water temperature average 78-80°F / 26-27°C in the winter months and gets as high as 83-84°F / 28-29°C at the end of summer. Needless to say, we don't provide ice diving specialties. Most divers are comfortable with 2-3 mm shorty wetsuits. Visibility varies from 60-80 feet , 18-24 meters up to 100 feet/30 meters. Much of our diving is drift diving. We have canyons, walls, plateaus and a weekly wreck dive on the Lesleen M.

Diving with Scuba St. Lucia is a very unique experience and we offer the most experienced staff on the Island. Most of our Instructors have logged well over 2,500 dives and in some cases more than 6,000 dives; we know St. Lucia's waters better than anyone else. We are a PADI 5 Star Dive Resort and also part of DAN Partners in Dive Safety. We accept recognized agency certification cards from all over the world. We require proof of Open Water Diver Certification or higher prior to any diving activities with us as a certified diver. If you are a PADI diver, why not download the PADI App and get your digital e-card!

#### **Diving Schedule**

We are located in the heart of St. Lucia's marine park which features numerous protected marine reserve dive sites. Marine park dive passes are required for certified divers or non-certified divers from the second day of diving. The fee is \$13.50 EC per day (\$5 US) or \$40.50 EC (US\$ 15) for an annual pass (plus tax). This fee is used to support the marine park and protect the marine habitat.

The farthest site is 15 minutes away; the closest is less than 30 seconds away. Therefore, nearly all of our boat dives are scheduled as one-tank dives. However, on Fridays we make a two tank dive, the first of which is the wreck of the Lesleen M, a very beautiful underwater garden of a 150 foot/ 50 meter cargo ship lying in 70 feet/21 meters of water. After the wreck dive we serve a variety of fruits on the

boat and visit a local beach for a surface interval before entering the water again on a beautiful wall dive located nearby.

We offer Enriched Air (32% Nitrox) diving for those certified in its use. Enriched Air Certification Courses are available through PADI's e learning system as well as a full range of PADI and SSI courses.

The following is our diving schedule daily:

Shore Dives: 8:30 a.m., 11:00 a.m., 2:00 p.m.

Single Tank Boat Dives: 8:30 a.m., (except Fridays), 10:30 a.m. (except Fridays), 2:00 p.m. Night Dives: 6:00 p.m. on Mondays and Wednesdays

2-Tank Wreck Trip: 9:30 a.m. Friday - return at 1:00 p.m.

For certified divers staying with us at our two resort properties, we can assure you that you will have no difficulty booking various dives once you are with us at the resort but if you would like information on our schedule and services or would prefer to pre-book your dives prior to your arrival, just let us know; we'll be delighted to assist. You can reach us via e-mail [scuba@ansechastanet.com](mailto:scuba@ansechastanet.com). If your resort package includes a beginner Dive N' Discover course (Discover Scuba Diving) or if you plan to take your first dive with us during your stay, we would be very pleased to set this up for you. If your stay is a minimum 5 nights, there is no need to pre-book as long you have some flexibility with your daily activities schedule. If you are planning to get certified or partake in any other course during your stay, we would definitely advise you to contact us via [scuba@ansechastanet.com](mailto:scuba@ansechastanet.com).

At Scuba St. Lucia, all certified divers are asked to make their first dive from the shore on the beautiful Anse Chastanet reef where we take a few moments to check skills including mask removal and replacement and regulator recovery. We do this to ensure that all divers are comfortable in the water and are weighted properly to avoid any problems that might arise during a dive impacting your own and the enjoyment of others.

### **Medical Questions**

As a PADI 5 Star Dive Resort, we hold to the highest industry standards for safety and service. We therefore ask you to consider carefully whether you, or anyone in your party, may have a medical or physical reason that might make diving unsafe. Even veteran scuba enthusiasts may have had changes in their medical status over time or may be taking medications for a temporary condition which might present a risk when diving. We advise you to take a look at the attached medical and obtain a doctors approval for diving if your medical status has changed since being certified.

Important: All beginner divers and Dive N' Discover Course (Discover Scuba Diving) participants and guests participating in any scuba course or [refresher](#) course, must complete the attached Medical form. Please know that any 'YES' answer on the form requires an unconditional medical release stating the diver/ student is fit to dive before starting any diving course or diving with us. Please have your doctor complete page two of the medical form attached.

We sincerely thank you for your cooperation and look forward to providing enjoyable and safe diving for you.

Sincerely,

Your Scuba St. Lucia Dive Team

Tel : (758) 459-7755

Email: [scuba@ansechastanet.com](mailto:scuba@ansechastanet.com)

[www.scubastlucia.com](http://www.scubastlucia.com)



# STUDENT

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**Please print legibly.**

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_  
First Initial Last Day/Month/Year

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State/Province/Region \_\_\_\_\_

Country \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Business Phone ( ) \_\_\_\_\_

Email \_\_\_\_\_ FAX \_\_\_\_\_

## **Name and address of your family physician**

Physician \_\_\_\_\_ Clinic/Hospital \_\_\_\_\_

Address \_\_\_\_\_

Date of last physical examination \_\_\_\_\_

Name of examiner \_\_\_\_\_ Clinic/Hospital \_\_\_\_\_

Address \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

Were you ever required to have a physical for diving?  Yes  No If so, when? \_\_\_\_\_

# PHYSICIAN

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This person applying for training or is presently certified to engage in scuba (self-contained underwater breathing apparatus) diving. Your opinion of the applicant's medical fitness for scuba diving is requested. There are guidelines attached for your information and reference.

## **Physician's Impression**

I find no medical conditions that I consider incompatible with diving.

I am unable to recommend this individual for diving.

**Remarks** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Physician's Signature or Legal Representative of Medical Practitioner Date Day/Month/Year

Physician \_\_\_\_\_ Clinic/Hospital \_\_\_\_\_

Address \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_