

Anse Chastanet Weekly Culinary Events

MONDAY

The Emerald Estate Cocoa Tree to Chocolate Bar Tour

In this class we would like to indulge you further into the world's favorite aphrodisiac... chocolate. Our chocolate alchemists will host you on our Emerald Estate Cocoa Tour to show you the complete cycle of Tree to Bar production. We will discuss the history of chocolate in the Caribbean and the production process. To start off we will visit the Emerald Estate to witness the natural side of cocoa including tasting raw cacao while discussing the fermentation, sun drying and polishing of the beans. Then travel back to our own Chocolate Lab to elaborate on the technical part of making the perfect chocolate bar. This 2 hour guided experience takes you through cocoa bean roasting, grinding and conching in the making of our chocolate to create the perfect snap and shine. Along the way you will enjoy an invigorating cup of local cocoa tea and our organic chocolate bars that range from 60% , 70 % and 92 % Bittersweet.. A complimentary Bar of Emerald Estate Organic Chocolate will be our treat to you as souvenir to take home.

Monday from 9:00 - 11:00 am

\$75 per person; sign up at Guest Services. Minimum 2, maximum 6 persons per session

Caribbean Beach Tandoori Cooking Class

Join our very own local Chef Nirmal Kar to witness his East Indian Saint Lucian Fusion Cuisine and uncover the spicing secrets of Tandoori Cooking in the Caribbean. His team of Chefs will share the special techniques used in spicing up a great Tandoori chicken. Learn the trade secrets of how to blend spices to accompany any dish.

Monday from 4:00 - 5:00 pm in the Apsara Restaurant

\$55 per person; sign up at Guest Services

TUESDAY

Chocolate Sensory Tasting

Join us on an awakening journey through the flavor palate of cocoa and chocolate. We will start by tasting the cocoa bean, which is the very first step in chocolate production, and end with the strongest type of cocoa mass while sampling all in between. We will focus our attention on how to truly appreciate chocolate as it should be tasted and educate ourselves on its distinct differences. As a culmination of the sensory tasting session sample some of our homemade truffles

and a taste of Emerald Estate Organic Chocolate bar.

Tuesday from 10:00 - 10:30 am in the Emerald Restaurant
Complimentary; sign up at Guest Services

Discover Chocolate

For this tantalizing interactive experience following the Chocolate Sensory Tasting, we will move to the Chocolate Lab to discover just how chocolate is made. We are a Tree to Bar organic boutique chocolate producer using only Emerald Estate Organic Cocoa. Join our chocolate alchemists to learn the basic techniques of making chocolate, tempering chocolate, creating your own fudge and making a personalized chocolate bar. The best part...you take home what you make! So, if you've ever pondered the alchemy involved in creating the finest of chocolates, enroll in this Discover Chocolate workshop and learn this delightful art for yourself. This class is hands on so be prepared to be covered with chocolate!

Tuesday from 10:30 - 11:30 am in our Chocolate Lab
\$45 per person; sign up at Guest Services. Minimum 2, maximum 6 persons per session

WEDNESDAY

Join our Morning tour of Emerald Estate Cacao Plantation and Emerald Organic Farm Hosted by our Executive Chef

The resorts organic farm, Emerald Estate, located in the Soufriere hills, is an integral part of our cuisine at Jade Mountain. The farm produces a wide variety of items including vanilla beans, bay leaf, nutmeg trees, cinnamon, and numerous varieties of mango, sour orange, coconuts, leaves, greens, vegetables and herbs, all brought daily to our kitchens. Included in this visit is an interactive cooking class.

Wednesday from 9:00 - 11:00 am

\$75 per person; sign up at Guest Services

The Emerald Estate Cocoa Tree to Chocolate Bar Tour

Wednesday (See description on Monday) from 2:00 - 4:00 pm . US\$75 per person; sign up at Guest Services. Minimum 2, maximum 6 persons per session

THURSDAY

Farm to Table Emerald's Vegetarian Luncheon Cooking Class

Learn the history and how to prepare authentic

Creole cuisine with a twist using local ingredients grown at our own Organic Emerald Farm. The theme is a mosaic of dishes from throughout the Caribbean using ingredients that were harvested fresh that morning and prepared by our Vegetarian Chef, Frank Faucher, who has over 15 years experience in blending local ingredients together to create cuisine that is truly unique for the vegetarian enthusiast.

Thursday from 1:00 - 2:00 pm in the Emerald Restaurant
\$45 per person; sign up at Guest Services

Discover Chocolate

Thursday (See description on Tuesday) From 10:30 - 11:30 am in our Chocolate Lab \$45 per person; sign up at Guest Services. Minimum 2, maximum 6 persons per session

Chocolate, Wine and Paradise

Learning how to taste wines is a straightforward adventure that will deepen your appreciation for both wines and wine makers. Now we take it one step further to matching and tasting wine with our own hand made organic Emerald Estate Chocolate. Look, smell, taste - starting with your basic senses and expanding! From there you will learn how to taste wines and chocolate like the pros in no time!

Thursday from 5:30 - 6:00 pm - located in the Jade Lounge. \$45 per person; sign up at Guest Services. Minimum 2 persons

FRIDAY

The Emerald Estate Cocoa Tree to Chocolate Bar Tour

Friday (See description on Monday) from 9:00 - 11:00 am. US\$75 per person; sign up at Guest Services. Minimum 2, maximum 6 persons per session

SUNDAY

Saint Lucian Rum Mixology Class

For those who enjoy Caribbean rum, explore the fine craft of mixing cocktails using the basic techniques and tricks of our bartenders. Learn how to make Mojitos, Pina Coladas, and our most popular Coco Doux in our weekly Mixology Class. If you already have a favorite from our Cocktail Menu, we would love to show you how it is made.

Sunday at the Beach bar from 4:30 - 5:30pm.
Complimentary; sign up at Guest Services